

CERTIFICATE OF ANALYSIS

Mfg Date: October 2023
Retest Date: September 2026
Analysis: Microbiological Panel

Lot # and Description

Lot # 100296 High-Himalayan Shilajit Capsules 90ct

<u>PROPERTIES</u>	<u>SPECIFICATION</u>	<u>RESULTS</u>	<u>METHOD</u>
Description	Brown Powder in Clear "0" Capsule	Conforms	Visual
Size/Color	90ct / Brown	Conforms	Visual
Avg. Fill Weight	450 - 550 mg	550 mg	Quality Weight Check

INGREDIENTS

Shilajit Extract and Amla Extract Organic

PRODUCT MICROBIOLOGY

<u>ANALYTE</u>	<u>SPECIFICATION</u>	<u>RESULTS</u>	<u>METHOD</u>
Arsenic	< 3 ppm (w/w)	0.632 ppm (w/w)	ESS_3.2.1.202 ICP-MS
Cadmium	<.2 ppm (w/w)	0.026 ppm (w/w)	ESS_3.2.1.202 ICP-MS
Lead	<1 ppm (w/w)	0.155 ppm (w/w)	ESS_3.2.1.202 ICP-MS
Mercury	<.2 ppm (w/w)	<0.005 ppm (w/w)	ESS_3.2.1.207 ICP-MS

<u>ANALYTE</u>	<u>SPECIFICATIONS</u>	<u>RESULTS</u>	<u>METHOD</u>
Total Microbial Count-USP	<1000 cfu/g	80 cfu/g	ESS_2.2.1
Yeast & Mold	<100 cfu/g	Negative cfu/g	ESS_2.2.5
E. Coli	Absent /10g	Negative cfu /g	ESS_2.2.17.b
S. aureus	Negative /10g	Negative cfu/g	ESS_2.2.3
Salmonella	Negative /1g	Negative cfu/25g	ESS_2.2.6

Material is non-irradiated

Signature Kathy Wakeman General Manager Date 11-29-2023
Kathy Wakeman, General Manager

(Tests conducted by independent lab)